



Catholic Charities
Diocese of Youngstown
Providing Help. Creating Hope.

2024-2025
First Step to Service Program

TEACHER RESOURCE

**Love your Neighbor
as Yourself.**

March 2025:

*Care for Creation – A
Call to Love Ourselves
and Our Earth*

Scripture Reference

Genesis 2:15 - "The Lord God took the man and put him in the garden of Eden to cultivate and care for it."

Discussion Points:

- What does it mean to "cultivate and care" for the Earth?
- How does God call us to respect and care for the world He created?
- How can taking care of the Earth be connected to taking care of ourselves?

Key Objectives

For Students:

Understand the connection between environmental stewardship and personal well-being.

Explore practical ways to care for creation through actions like recycling and conserving resources.

Recognize the importance of self-love and self-care as part of God's creation.

For Teachers:

Encourage students to think critically about how their actions impact the environment and their personal health. Foster a sense of responsibility toward God's creation and emphasize the value of self-care.

Breakdown

- Opening Prayer
- Scripture reading
- Activity 1 – Care for Creation
 - Hands-on recycling plan or nature care activity.
- Activity 2 – Conservation of Resources
 - Energy-saving challenge or resource conservation discussion.
- Activity 3 – Self-Love and Self-Care
 - Self-care list or body care activity (e.g., guided relaxation).
- Bringing It All Together
 - Group reflection on how the day's activities integrate with faith.
- Conclude with prayer



Estimated Activity Time: • 15 - 30 minutes

Deadline for Entries:
April 18, 2025

This program is made possible through grant funding issued by The Subcommittee on Catholic Home Missions, USCCB. If you have any questions, please contact Jennifer Lucarelli @ 330-744-8451 or jlucarelli@youngstowndiocese.org.