



Catholic Charities

Diocese of Youngstown

Providing Help. Creating Hope.

2024-2025
First Step to Service Program

TEACHER RESOURCE

Entry Deadline: **January 31, 2025**

**Love your Neighbor
as Yourself.**

JANUARY 2025

Suicide Lifeline Awareness
Poverty Awareness

Suicide and Crisis Lifelines

- Educate students about the known links between poverty and mental health challenges.
- Highlight the role of the 988 Lifeline in providing crisis support to individuals experiencing poverty.
- Equip students with knowledge and tools to promote awareness and reduce stigma around mental health issues.



<https://988lifeline.org/learn/>



PovertyUSA

Catholic Mental Health Campaign

USCCB Additional Resources

WHAT CAN YOU DO?

- **ENCOURAGE REFLECTION:** ASK GUIDING QUESTIONS AND PROMOTE THOUGHTFUL DISCUSSIONS ON POVERTY, MENTAL HEALTH, AND THE 988 LIFELINE.
- **FACILITATE GROUP WORK:** SUPPORT STUDENTS AS THEY COLLABORATE ON RESEARCH AND CREATE CONTENT FOR THE ASSIGNMENT.
- **PROVIDE RESOURCES:** OFFER ACCESS TO RELEVANT MATERIALS AND ENSURE STUDENTS HAVE THE TOOLS TO EXPLORE THE CONNECTION BETWEEN POVERTY AND MENTAL HEALTH.

PRIZES

- All entrants will receive a certificate of achievement
- The top (3) entries will receive a \$50.00 Gift Card
- The Grand Prize winner will also receive recognition on Catholic Charities, The Catholic Echo, and/or the Diocese of Youngstown media platforms.

Estimated Activity Time:

- Teacher: 15 Minutes
- Students: Variable



This program is made possible through grant funding issued by The Subcommittee on Catholic Home Missions, USCCB. If you have any questions, please contact Jennifer Lucarelli @ 330-744-8451 or jlucarelli@youngstowndiocese.org.