



Catholic Charities

Diocese of Youngstown

Providing Help. Creating Hope.

2024-2025

First Step to Service Program

STUDENT ENTRY FORM

Submit entries by: **January 31, 2025**

Love your Neighbor
as Yourself.

JANUARY 2025

Suicide Lifeline Awareness

Poverty Awareness

Suicide and Crisis Lifelines

• **Part 1: The Connection Between Poverty and Mental Health**

1. How does poverty contribute to mental health challenges?
2. What are some unique mental health struggles individuals in poverty may face?
3. How does financial instability impact someone's access to mental health resources?

• **Part 2: Research on 988 Lifeline**

1. What is the 988 Suicide and Crisis Lifeline?
2. Why is the 988 Lifeline especially important for people living in poverty?

• **Part 3: Creating Awareness of Poverty and Mental Health through digital content creation**

1. What strategies would you use to promote awareness of 988 Lifeline in your school?
2. Which digital tools or platforms do you think would be best to raise awareness?

*Scan to submit **completed, signed form, your answers to these questions, and your social media content creations to Catholic Charities via email:**
charities@youngstowndioocese.org OR jlucarelli@youngstowndioocese.org.*

PRIZES

- All entrants will receive a certificate of achievement
- The top (3) entries will receive a \$50.00 Gift Card
- The Grand Prize winner will also receive recognition on Catholic Charities, The Catholic Echo, and/or the Diocese of Youngstown media platforms.

AGREEMENT

I [student] hereby submit that this digital design is entirely my original work. It was created independently, without any unauthorized assistance or undocumented collaboration with others. I hereby confirm that the ideas, concepts, and creative expressions are solely my own and do not infringe upon the intellectual property rights of any third party, including copyright, trademark, or other proprietary rights.

Signatures Required

STUDENT NAME _____ / GRADE _____

SCHOOL NAME _____ / TEACHER NAME _____

CONTACT INFO  _____  _____

STUDENT Signature _____ / Date _____

PARENT Signature _____ / Date _____



This program is made possible through grant funding issued by The Subcommittee on Catholic Home Missions, USCCB. If you have any questions, please contact Jennifer Lucarelli @ 330-744-8451 or jlucarelli@youngstowndioocese.org.