

# First Step to Service

# Worksheet

CATHOLIC CHARITIES  
DIOCESE OF YOUNGSTOWN

K - 8

A service-learning opportunity for students developed by Catholic Charities, Diocese of Youngstown.

January 2023

## LEARN

During Poverty Awareness Month, join the U.S. Bishops, the Catholic Campaign for Human Development, and the Catholic community in the United States in taking up Pope Francis' challenge to live in solidarity with the poor!

"I want a Church which is poor and for the poor." - Pope Francis, *Evangelii Gaudium*

## PRACTICE

Some examples of modern day poverty are:

- I told my friends I forgot to bring my lunch, but really we just don't have any food at home.
- I told the teacher my mom forgot to sign my permission slip for the field trip, but the truth is, my mom couldn't pay the \$10 fee.
- I asked my friend's mom to drop me off a few blocks away from my house because I didn't want my friend to see how run-down my home is.

Name some other examples of how you have experienced a form of poverty, or seen this among friends, family, or neighbors.

- On the way to school, my mom gave some spare change to a homeless lady at the corner.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Take a short 10-minute break from electronics, television, movies and games today. During this break, say a prayer for someone in need. Who or what will you be praying for?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Sometimes when watching the local news, we see heartbreaking stories of people living in poverty. List one example where you saw someone behaving in such a way.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## THINK & DISCUSS

- Think about a time when you missed a meal, or were very hungry. How did you feel? Were you able to focus on school? Were you able to concentrate during the basketball game? How do you think someone who is hungry every single day might feel?
- Have you ever been cold, and not able to turn the heat on?
- As a class, discuss some ideas of ways that kids can get involved to help people living in poverty. Choose one idea, and take action!



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