

# First Step to Service

## CATHOLIC CHARITIES DIOCESE OF YOUNGSTOWN

A service-learning opportunity for students developed  
by Catholic Charities, Diocese of Youngstown.

# Worksheet

9 - 12

October 2013

## LEARN

During Poverty Awareness Month, join the U.S. Bishops, the Catholic Campaign for Human Development, and the Catholic community in the United States in taking up Pope Francis' challenge to live in solidarity with the poor!

"Poverty has many faces, changing from place to place and across time, and has been described in many ways. Most often, poverty is a situation people want to escape. So poverty is a call to action -- for the poor and the wealthy alike -- a call to change the world so that every man may have enough to eat, adequate shelter, access to education and health, protection from violence, and a voice in what happens in their communities." - World Bank Organization

## PRACTICE

Some examples of modern day poverty:

- I receive food stamps to buy groceries, but I still do not have enough food for the whole family, every day.
- It's 39° on a cold winter day, and our furnace is broken. We don't have enough money to call someone to fix the furnace, so we are using a space heater.
- The doctor gave me a prescription to help with my anxiety, but I don't have \$25.00 to pick it up from the pharmacy.

Take a short 5-minute break from electronics, television, movies and games today. During this break, say a prayer for someone in need. Who or what will you be praying for? Why?

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- \_\_\_\_\_
- \_\_\_\_\_

Name some other examples of how you have experienced a form of poverty, or seen this among friends, family, or neighbors.

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- \_\_\_\_\_
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Sometimes when watching the local news, we see heart-breaking stories of people living in poverty. List one example where you saw someone behaving in such a way.

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- \_\_\_\_\_
- \_\_\_\_\_

## THINK & DISCUSS

- Think about a time when you missed a meal, or were very hungry. How did you feel? Were you able to focus at school? Were you able to concentrate during the basketball game? How do you think someone who is hungry every single day might feel?
- As a class, discuss ideas how you could get involved in your local community to alleviate poverty for someone in need.

## TAKE ACTION

- Choose one idea, as a class, or on an individual basis, and turn it into an action plan. Provide Help. Create Hope.

