

CATHOLIC CHARITIES ADULT DAY SERVICES



# DECEMBER MENU 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Baked Chicken /Potato Gr. Beans/ Br. Pudding Skim Milk/ Wg-Bread <b>Snack:</b> Pepperoni& Cheese Apple Juice	2	<b>BREAKFAST:</b> Eggs/Wg. Toast Fruit/SkimMilk <b>LUNCH:</b> Chef Salad/Turkey Juice/ Skim Milk Wg- Bread <b>SNACK:</b> Peaches Yogurt
5	<b>BREAKFAST:</b> French Toast/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Stir Fry Veggies/Rice wg- Bread/ Skim Milk <b>SNACK:</b> Apple Cobbler String Cheese	6	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Beef Stroganoff/ Noodles Corn/Juice/Wg-Bread Skim Milk <b>SNACK:</b> Egg Salad Wg- Bread	7	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Salad / Ham& Cheese Juice/ Skim Milk Wg-Bread <b>SNACK:</b> Blueberry Muffins Fruit Cup	8	<b>BREAKFAST:</b> Eggs/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Cheese Ravioli/Veggies Wg/Bread/ Skim Milk Juice <b>SNACK:</b> Peanut butter Wheat Crackers	9	<b>BREAKFAST:</b> Biscuits/Gravy Skim Milk/ Fruit <b>LUNCH:</b> Fried Fish/Fries Cole Slaw/Juice Skim Milk/Wg-Bread <b>SNACK:</b> Fruit Cup Cheese Nips
12	<b>BREAKFAST:</b> Eggs/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Veal Patty/Gravy Potatoes/Veggies Skim Milk/ Wg-Bread <b>SNACK:</b> Ham& Cheese Slider Bun	13	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Wings/Fries Celery Sticks/ Ranch Wg-Bread/ Skim Milk <b>SNACK:</b> Snowman Yogurt Blueberries	14	<b>BREAKFAST:</b> French Toast/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Sweedish Meatballs/ Egg Noodles/Veggies Skim Milk/ Wg-Bread <b>SNACK:</b> Christmas Pretzels Mix Apple Juice	15	<b>BREAKFAST</b> Biscuits/Gravy Fruit/Skim Milk <b>LUNCH:</b> Chicken Ceaser Salad Juice/ Wg- Bread Skim Milk <b>SNACK:</b> Mini Corn Dogs Cubbed Cheese	16	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/ Skim Milk <b>LUNCH:</b> Pepperoni Pizza Salad/ Juice Skim Milk <b>SNACK:</b> Sloppy Joe Sliders
19	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Macaroni& Cheese Veggies/Skim Milk Wg-Bread/ Cheese Cake <b>SNACK:</b> Fruit Cup String Cheese	20	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Pork Chop/ Gravy Potatoes/Sauerkraut Wg-Bread / Skim Milk <b>SNACK:</b> Apple Sauce Cheese Nips	21	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Ham/ St. Casserole Broccoli Salad/Pk. Roll Skim Milk/ Rolls <b>SNACK:</b> Peanutbutter Wheat Crackers	22	<b>BREAKFAST:</b> EggWg. Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Alfredo/Veggies Juice/ Skim Milk Wg-Bread <b>SNACK:</b> Apple Filled Chesse Cubbes	23	<b>ADS CLOSED</b> 
26	<b>ADS CLOSED</b> 	27	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Taco Salad/Juice Skim Milk/ Wg-Bread Pumpkin Square <b>SNACK:</b> Strawberry Muffins Fruit Cup	28	<b>BREAKFAST:</b> French Toast/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/ Potatoes Corn/ Wg-Bread Skim Milk <b>SNACK:</b> Cherry Cobbler String Cheese	29	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Baked Chicken /Potato Gr. Beans/ Br. Pudding Skim Milk/ Wg-Bread <b>SNACK:</b> Peanutbutter Wheat Crackers	30	<b>BREAKFAST:</b> Pancakes/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Chef Salad/Turkey Juice/ Skim Milk Wg- Bread <b>SNACK:</b> Pulled Pork Slider Buns

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\***

\*WG= Whole Grain  
\* ALL MILK IS SKIM

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