

CATHOLIC CHARITIES ADULT DAY SERVICES



# NOVEMBER 2022



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	<b>BREAKFAST:</b> Waffles/Wg Toast Fruit/Skim Milk <b>LUNCH:</b> Taco Salad/ Juice Skim Milk/ Wg-Bread Pumpkin Square <b>SNACK:</b> Fruit Cup Cheese Nips	2	<b>BREAKFAST:</b> Cereal Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/ Potatoes Corn/ Wg-Bread Skim Milk/ St. Cake <b>SNACK:</b> Apple Crescent String Cheese	3	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Baked Chicken /Potato Gr. Beans/ Br. Pudding Skim Milk/ Wg-Bread <b>Snack:</b> Peanutbutter Wheat Crackers	4	<b>BREAKFAST:</b> Eggs/Wg. Toast Fruit/SkimMilk <b>LUNCH:</b> Chef Salad/Turkey Juice/ Skim Milk Wg- Bread <b>SNACK:</b> Blueberry Muffins Fruit Cup
7	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Macaroni& Cheese St. Tomatoes/ Wg Bread Banana Pd./ Skim Milk <b>SNACK:</b> Little Smokies A	8	<b>BREAKFAST:</b> Muffins/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken/ Potatoes Veggie Blend/Wg- Bread Skim Milk <b>SNACK:</b> Cheese Nips Apple Sauce	9	<b>BREAKFAST:</b> Cereal/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Sliced Turkey/ Stuffing St. Casserole/ Skim Milk Wg-Bread/Green Beans <b>SNACK:</b> Peanutbutter Wheat Crackers	10	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Stir Fry/Veggies Fried Rice/Wg-Bread Skim Milk <b>SNACK:</b> Ham& Cheese Mini Slider Bun	11	<b>BREAKFAST:</b> Egg& Ham Casserole Skim Milk/ Fruit <b>LUNCH:</b> Deep Dish Pizza Salad/ Juice/ Skim Milk Dessert <b>SNACK:</b> Sloppy Joes Mini Slider Bun
14	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Assorted Salad/ Chicken Juice/ Éclair Skim Milk/ Wg-Bread <b>SNACK:</b> Pumpkin Muffins Fruit Cup	15	<b>ADS CLOSED</b> Staff Formation Day	16	<b>BREAKFAST:</b> Cereal/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Spicy Pork Tips Macaroni Salad/Fruit Cup Skim Milk/ Wg-Bread <b>SNACK:</b> Peanut Butter Wheat Crackers	17	<b>BREAKFAST</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Baked Zitti/lr. Sausage Cauliflower/ Wg-Bread Skim Milk <b>SNACK:</b> Strawberries Cheese Nips	18	<b>BREAKFAST:</b> SausageGravy/Biscuits Fruit/ Skim Milk <b>LUNCH:</b> Beer Battered Fish/Fries Coleslaw/ Wg-Bread Skim Milk <b>SNACK:</b> Little Smokies Cubbed Cheese
21	<b>BREAKFAST:</b> Waffles/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Ham/ St. Potato Broccoli Florets/ Peaches Skim Milk/ Wg- Bread <b>SNACK:</b> Pumpkin Bread Fruit Cup	22	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Crispy Chicken Salad Juice/Ch. Pie Wg-Bread / Skim Milk <b>SNACK:</b> Peanut Butter Wheat Bread	23	<b>BREAKFAST:</b> Cereal/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Beef Stir Fry/Veggies Fried Rice/ Juice Vanilla Cupcake/Skim Milk <b>SNACK:</b> Peach Cobbler String Cheese	24	<b>ADS CLOSED</b> Thanksgiving Day	25	<b>ADS CLOSED</b> Day after Thansgiving
28	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk/Wg-Toast <b>LUNCH:</b> Hawaiin Ham/Baked Pt. Veggies/Lemon Cake Wg- Bread/ Skim Milk <b>SNACK:</b> Sloppy Joes Apple Juice	29	<b>BREAKFAST:</b> Pancakes/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Taco Salad/Juice Skim Milk/ Wg-Bread Pumpkin Square <b>SNACK:</b> Cherry Cobbler String Cheese	30	<b>BREAKFAST:</b> Cereal/Wg. Toast Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/ Potatoes Corn/ Wg-Bread Skim Milk <b>SNACK:</b> Peanut butter Wheat Crackers				

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\***

\*WG= Whole Grain  
\* ALL MILK IS SKIM

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