

## CATHOLIC CHARITIES ADULT DAY SERVICES

**SEPTEMBER MENU 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Chicken, Rice, Pot/Veggies Fruit/Straw-M&S Wine-M&S, Wg-Bread <b>SNACK:</b> Orange Juice Fruit/Straw-M&S	2 <b>BREAKFAST:</b> Eggs/Qty/Wg-Bread Fruit/Straw-M&S <b>LUNCH:</b> Chicken, Rice, Pot/Veggies Fruit/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Wine/Straw-M&S Fruit/Straw-M&S
3 	4 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Chicken Turkey/Wg-Bread Veget/Straw-M&S Dressing/Straw-M&S <b>SNACK:</b> Apple Juice Fruit/Straw-M&S	7 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Meatloaf Potatoes Candy Wg-Bread Straw-M&S, Ch. Cake <b>SNACK:</b> Fruit/Straw-M&S Wine/Straw-M&S	8 <b>BREAKFAST:</b> Eggs/Qty/Straw-M&S Fruit/Straw-M&S <b>LUNCH:</b> Meatloaf Potatoes Candy/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Apple Juice Fruit/Straw-M&S	9 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Café Salad Apple/Straw-M&S Wg-Bread <b>SNACK:</b> Orange Juice Fruit/Straw-M&S
12 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Chicken, Rice, Pot/Veggies Fruit/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Apple Juice Fruit/Straw-M&S	15 <b>BREAKFAST:</b> Eggs/Qty/Straw-M&S Fruit/Straw-M&S <b>LUNCH:</b> Beef Stroganoff Meatloaf Potatoes Fruit/Straw-M&S, Wg-Bread <b>SNACK:</b> Wine/Straw-M&S Fruit/Straw-M&S	14 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Beef or Pork & Cheddar Candy/Straw-M&S Wg-Bread <b>SNACK:</b> Wine/Straw-M&S Fruit/Straw-M&S	15 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Chicken Potpie Vegetable Casserole Wine/Straw-M&S, Wg-Bread <b>SNACK:</b> Apple Juice Fruit/Straw-M&S	16 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Pork/Pan French Fries Beef/Veggie Casserole Wine/Straw-M&S, Wg-Bread <b>SNACK:</b> Apple Juice Fruit/Straw-M&S
19 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Hot Turkey/Straw-M&S Veget/Straw-M&S Wine-M&S, Wg-Bread <b>SNACK:</b> Apple Juice Fruit/Straw-M&S	20 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Hot Turkey/Straw-M&S Veget/Straw-M&S Wg-Bread <b>SNACK:</b> Fruit/Straw-M&S	21 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Meatloaf Potatoes Wg-Bread/Straw-M&S Veget/Straw-M&S <b>SNACK:</b> Fruit/Straw-M&S	22 <b>BREAKFAST:</b> Eggs, Toast/Wg, Toast Fruit/Straw-M&S <b>LUNCH:</b> Chicken-Casserole Salad Apple/Wg-Bread Wine-M&S, Ch. Fudding <b>SNACK:</b> Wine/Straw-M&S Fruit/Straw-M&S	23 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Pork, Salad Apple/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Wine/Straw-M&S Fruit/Straw-M&S
26 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S, Wg-Bread <b>LUNCH:</b> Meatloaf Potatoes Veget/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Fruit/Straw-M&S Wine/Straw-M&S	27 <b>BREAKFAST:</b> Eggs, Toast/Wg, Toast Fruit/Straw-M&S, Wg-Bread <b>LUNCH:</b> Hot Turkey/Straw-M&S Veget/Straw-M&S Apple/Candy/Straw-M&S <b>SNACK:</b> Fruit/Straw-M&S Wine/Straw-M&S	28 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Hot Turkey/Straw-M&S Wg-Bread Straw-M&S, Ch. Pie <b>SNACK:</b> Fruit/Straw-M&S Wine/Straw-M&S	29 <b>BREAKFAST:</b> Eggs/Qty, Toast Fruit/Straw-M&S <b>LUNCH:</b> Eggs/Qty, Pot/Veggies Fruit/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Orange Juice Fruit/Straw-M&S	30 <b>BREAKFAST:</b> Eggs/Qty, Wg, Toast Fruit/Straw-M&S <b>LUNCH:</b> Beef/Rice/Potatoes Apple/Straw-M&S Wg-Bread/Straw-M&S <b>SNACK:</b> Fruit/Straw-M&S Wine/Straw-M&S

"MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE"

\*Wine, Whole Grain

\*ALL \$\$\$ &amp; 10-120000