

CATHOLIC CHARITIES ADULT DAY SERVICES

**JUNE 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		 BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Roast Beef/Pot New Pot/ Wg Bread Cream Salad SNACK: 1 Cup Drinkable Fruit Salad	 BREAKFAST: Pancake/Wg Toast Fruit/Gran-MSL LUNCH: Cold Salad w/Chicken Apple/Gran-MSL Wg Bread SNACK: Muesli/Milk String Cheese	BREAKFAST: Cereal/Wg Toast Fruit/Gran-MSL LUNCH: Roast Beef/Pot Fruit/Gran-MSL Wg Bread SNACK: Tuna String Cheese
6	7	8	9	10
 BREAKFAST: Muesli/Milk/Muesli Fruit/Gran-MSL LUNCH: Meatloaf/Chicken Veggie Meat/Wg Bread Shrimp/Potatoes/Gran-MSL SNACK: Applesauce Candy App	BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Salad/Meatloaf Roast Beef/Wg Bread Veggie Salad/Gran-MSL SNACK: Fruit Cup Wg Bread	 BREAKFAST: Pancake/Wg Toast Fruit/Gran-MSL LUNCH: Cold Salad w/Chicken Apple/Gran-MSL Wg Bread SNACK: Fruit/Gran-MSL String Cheese	 BREAKFAST: Pancake/Wg Toast Fruit/Gran-MSL LUNCH: Chicken/Gran-MSL Fruit/Gran-MSL Wg Bread SNACK: Muesli/Milk String Cheese	 ADD CLOSED
13	14	15	16	17
 BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Candy App w/Gran Candy App/Gran-MSL SNACK: Muesli/Milk Candy App	 BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Turkey/Wg Bread Veggie Meat/Gran-MSL Shrimp/Gran-MSL SNACK: Meatloaf/Meatloaf Wg Bread	BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Meatloaf/Potatoes Fruit/Muesli/Milk Wg Bread/Gran-MSL SNACK: Fruit/Gran-MSL String Cheese	 BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Meatloaf/Chicken Shrimp/Candy App Wg Bread/Gran-MSL SNACK: Applesauce Candy App	 BREAKFAST: Eggs/Wg Toast/Muesli Fruit/Gran-MSL LUNCH: Cold Salad Apple/Gran-MSL Wg Bread SNACK: Apple/Candy String Cheese
20	21	22	23	24
BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Chicken/Wg Bread/Gran-MSL Wg Bread/Gran-MSL SNACK: Muesli/Milk Candy App	 BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Turkey/Potatoes Meatloaf/Meatloaf/Gran-MSL Fruit/Gran-MSL/Wg Bread SNACK: Muesli/Milk Wg Bread String Cheese	 BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Cold Turkey/Potatoes Meatloaf/Meatloaf/Gran-MSL Fruit/Gran-MSL/Wg Bread SNACK: Muesli/Milk Wg Bread String Cheese	BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Turkey/Potatoes Meatloaf/Meatloaf/Gran-MSL Fruit/Gran-MSL/Wg Bread SNACK: Muesli/Milk Wg Bread String Cheese	BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL Wg Bread SNACK: Muesli/Milk String Cheese
27	28	29	30	
BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Chicken/Potatoes/Gran-MSL Candy App/Pot Gran-MSL/Wg Bread SNACK: Candy App Apple Sauce	BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Turkey/Potatoes Candy App/Gran-MSL Wg Bread SNACK: Muesli/Milk Candy App/Pot Fruit Cup	BREAKFAST: Eggs/Wg Toast Fruit/Gran-MSL LUNCH: Roast Beef/Potatoes Apple/Gran-MSL Veggie/Gran-MSL Fruit Fruit Cup	BREAKFAST: Cinnamon/Wg Toast Fruit/Gran-MSL LUNCH: Cold Salad w/Chicken Apple/Gran-MSL Wg Bread SNACK: Fruit/Gran-MSL String Cheese	

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

*MSL=Whole Grain
*ALL MSLS ARE VEGAN

This institution is a Equal Opportunity Provider