APRIL MENU 2022 Image: Mail Control									
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
			- B					1	BREAKFAST: Oatmeal/ Fruit Skim Milk LUNCH: Beer Battered Fish French Fries/ Coleslaw Wg-Bread/ Skim Milk SNACK: Turkey& Cheese Apple Juice
4	BREAKFAST: Sausage Gravy/ Biscuits	5	BREAKFAST: Dry Cereal/Wg-Toast	6	BREAKFAST: Muffins/Wg-Toast	7	BREAKFAST: Oatmeal/Wg-Toast	8	BREAKFAST: Eggs/Wg-Toast
10	Fruit/Skim Milk LUNCH: Ham/ Sweet Potato Broccoli/ Peaches Wg- Bread SNACK: Tomato& Cucumber Salad String Cheese	-	Fruit/Skim Milk LUNCH: Crispy Chicken / Salad Juice/ Wg- Bread Skim Milk/ CH. Pie SNACK: Sloppy Joes on Mini Buns	S	Fruit/Skim Milk LUNCH: Beef Stir Fry / Veggies Fried Rice/ Juice Skim Milk/ Wg- Bread SNACK: Pears Cheese Nips	\$	Fruit/Skim Milk LUNCH: Meatloaf/Garlic Potatoes Brussel Sprouts/Pears Skim Milk/ Wg- Bread SNACK: Muffin String Cheese	14	Fruit/Skim Milk LUNCH Butter Crumb Tiliapia Rice/ Juice/ Veggies Skim Milk/ Wg- Bread SNACK: Peanutbutter Wheat Crackers
11	BREAKFAST: Waffles/Wg Toast Fruit/Skim Milk LUNCH: Hawaiian Ham/ Potato Veggie Blend/ Cake Skim Milk/ Wg- Bread SNACK: Egg Salad Sandwich	12	BREAKFAST: Cream of Wheat/Wg-Toast Fruit/Skim Milk LUNCH: Baked Chicken/Potatoes Carrots/ Skim Milk Wg- Bread SNACK: Cheese Nips	13	BREAKFAST: Pancakes Fruit/Skim Milk LUNCH: Meatloaf/ Potatoes Cabbage/ Pears Skim Milk/ Wg- Bread SNACK: Peach Cobbler	14	BREAKFAST Dry Cereal/Wg-Toast Fruit/Skim Milk LUNCH: Crispy Baked Chicken Sweet Poatato/Veggies Skim Milk./ Wg- Bread SNACK: Peanut Butter	15	ADS CLOSED
18	BREAKFAST:	19	Apple Sauce BREAKFAST:	20	BREAKFAST:	21	BREAKFAST:	22	BREAKFAST:
	Eggs/Wg-Toast Fruit/Skim Milk LUNCH: Macaroni& Cheese St. Tomatoes/Veggies Skim Milk/ Wg- Bread SNACK: Watermellon Cheesecubes		Oatmeal/ Wg-Toast Fruit/Skim Milk LUNCH: Chicken Cordon Bleu Potatoes/ Veggies Skim Milk/ Wg- Bread SNACK: Pizza & Cheese Apple Juice	8	Sausage Gravy/Biscuits Fruit/Skim Milk LUNCH: Pork Roast/ Potatoes Sauerkraut/Apple Crisp Skim Milk/ Wg- Bread SNACK: Peanutbutter Sandwich Wheat Bread	-	Dry Cereal/Wg-Toast Fruit/Skim Milk LUNCH: Chicken Stir Fry/ Veggies Fried Rice/Skim Milk Wg- Bread SNACK: Fruit Cup String Cheese		Waffles/ Wg-Toast Fruit/Skim Milk LUNCH: Deep Dish Pizza/Salad Juice/Skim Milk Scone SNACK: Ham & Cheese on Wheat Bread
25	BREAKFAST: Pancakes Fruit/Skim Milk LUNCH: Chef Salad/ GR. Chicken Juice / Skim Milk Wg- Bread/Éclair SNACK: Apple Cobbler	26	BREAKFAST: Cream of Wheat/Fruit Skim Milk/ Wg-Toast LUNCH: Ham Loaf/Potatoes Carrots/Peach Parfait Skim Milk/Wg-Bread SNACK: Strawberry & Blueberry	27	BREAKFAST: Eggs/Wg-Toast Fruit/Skim Milk LUNCH: Pork Tips/Fruit Cup Macaroni Salad/Veggies Skim Milk/Wg- Bread SNACK: Little Smokies	28	BREAKFAST: Dry Cereal/Wg-Toast Fruit/ Skim Milk LUNCH: Baked Zitti w It. Sausage Cauliflower/Grapes Skim Milk/Wg-Bread SNACK: Blueberry Wraps	29	BREAKFAST: Sausage Gravy/Biscuit Fruit/ Skim Milk LUNCH: Beer Battered Fish French Fries/ Coleslaw Wg- Bread/ Skim Milk SNACK: Peanut Butter

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

*WG= Whole Grain * ALL MILK IS SKIM