

CATHOLIC CHARITIES ADULT DAY SERVICES



NOVEMBER 2021



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	BREAKFAST Eggs/Cheese/Wg.-Toast Fruit/Skim Milk LUNCH: Macaroni & Cheese Tomatoes/Wg-Bread Veggies/Skim Milk SNACK Apple Cobbler String Cheese	2	BREAKFAST Dry Cereal/Fruit Skim Milk LUNCH: Chicken Cordon Bleu Potatoes/Veggies Skim Milk/Wg-Bread SNACK Turkey & Cheese Wrap Apple Juice	3	BREAKFAST Sausage Gravy/Biscuits Fruit/Skim Milk LUNCH: Pork Roast/Potatoes Sauerkraut/Applescrisp Skim Milk/Wg-Bread SNACK Yogurt Peaches	4	BREAKFAST Waffles/Fruit Skim Milk/Wg-Toast LUNCH: Chicken Stir Fry/Veggies Juice/Skim Milk/Rice Wg-Bread SNACK Peanutbutter Graham Cracker Turkey	5	BREAKFAST: Muffins/Fruit Skim Milk/Wg-Toast LUNCH: Deep Dish Cheese Pizza Tossed Salad/Juice Skim Milk/Wg-Bread SNACK: Applesauce Cheesesticks
8	BREAKFAST: Eggs/Wg-Toast Fruit/Skim Milk LUNCH: Grilled Chicken Salad Wg-Bread/Juice Skim Milk/Éclair SNACK: Salami Roll Up w/Dill Pickle	9	BREAKFAST: French Toast/Fruit Skim Milk/Wg-Toast LUNCH: Ham Loaf /Potatoes Carrots/Wg-Bread Skim Milk/Peach Parfait SNACK: Chicken Salad Crossiant	10	ADS CLOSED	11	BREAKFAST: Waffles/Fruit Skim Milk/Wg-Toast LUNCH: Baked Zitti w/ It.Sausage Cauliflower/Grapes Skim Milk/Wg-Toast SNACK: Vegetable Soup Wheat Crackers	12	BREAKFAST: Ham & Egg Casserole Wg-Toast/Skim Milk/Fruit LUNCH: Beer Battered Fish French Fries/Coleslaw Wg-Bread/Skim Milk SNACK: Peanut Butter 2 Tbsp Wheat Crackers
15	BREAKFAST: Eggs/Wg-Toast Fruit/Skim Milk LUNCH: Ham /Baked Sweet Potato Broccoli Florets/Peaches Wg-Bread/Skim Milk SNACK: Peanutbutter & Banana Tortilla	16	BREAKFAST: Dry Cereal/Wg-Toast Fruit/Skim Milk LUNCH: Crispy Chicken Salad Juice/Wg-Bread Skim Milk SNACK: Banana Muffins Fruit cup	17	BREAKFAST: Sausage Gravy/Biscuit Fruit/Skim Milk LUNCH: Beef Stir Fry w/Veggies Rice/Skim Milk/Juice Wg-Bread SNACK: Grapes String Cheese	18	BREAKFAST: French Toast/Fruit Skim Milk/Wg-Toast LUNCH: Turkey Breast/Dressing Green Beans/Corn Wg-Bread Skim Milk SNACK: Apple Sauce Cheese Nips	19	BREAKFAST: Pancakes/Fruit Skim Milk LUNCH: Butter Crumb Tilapia Rice Pilaf/Veggie Blend Wg-Bread/Skim Milk SNACK: Yogurt Peaches
22	BREAKFAST: Dry Cereal /Wg-Toast Fruit/Skim Milk LUNCH: Hawaiian Ham Baked Potato/Veggie Wg-Toast/Skim Milk SNACK: Blueberry Cobb String Cheese	23	BREAKFAST: Pancakes/Sausage Fruit/Skim Milk LUNCH: Baked Chicken/Potato Carrots/Wg-Bread Skim Milk SNACK: Apple Cider Pumpkin Muffins	24	BREAKFAST: Oatmeal/Fruit Wg-Toast/Skim Milk LUNCH: Meatloaf/Potato Cabbage/Pears Wg-Bread/Skim Milk SNACK: Cheese Cubes Wheat Crackers	25	ADS CLOSED	26	ADS CLOSED
29	BREAKFAST: Eggs/Wg-Toast Fruit/Skim Milk LUNCH: Macaroni & Cheese Tomatoes/Wg-Bread Veggies/Skim Milk SNACK: Mini Pepperoni Pizza Grape Juice	30	BREAKFAST: Waffles/Wg-Toast Fruit/Skim Milk LUNCH: Chicken Cordon Bleu Potatoes/Veggies Wg-Bread/Skim Milk SNACK: Applesauce String Cheese						

****MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE****

*WG= Whole Grain
* ALL MILK IS SKIM

This Institution is a Equal Opportunity Provider

2308 RENO DRIVE LOUISVILLE, OHIO 44641 330-875-7979