

CATHOLIC CHARITIES ADULT DAY SERVICES



**OCTOBER 2021**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



					<p><b>1</b></p> <p><b>BREAKFAST:</b> Pumpkin Muffin/Past Cream M&amp;M's Fruit</p> <p><b>LUNCH:</b> Pasta/Potatoe/Toat Pasta/10 Mint Herb Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Toat</p>
<p><b>4</b></p> <p><b>BREAKFAST:</b> Pumpkin Muffin Mg Toppin/Past Cream Herb <b>LUNCH:</b> Macaroni/Cheese Tomatoe/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/ Cream Herb Pasta/Toat</p>	<p><b>5</b></p> <p><b>BREAKFAST:</b> Mg Toppin/Past Mg Toppin/Past Herb <b>LUNCH:</b> Chicken/Cheese/ Pasta Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Apple/Cheese Pasta/Toat</p>	<p><b>6</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Mg Toppin/Past <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Mg Bread</p>	<p><b>7</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta Mg Toppin/Past <b>LUNCH:</b> Chicken/ Pasta/Pasta Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>8</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta Mg Toppin/Past <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	
<p><b>11</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>12</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>13</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>14</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>15</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	
<p><b>18</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>19</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>20</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>21</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>22</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	
<p><b>25</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>26</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>27</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>28</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	<p><b>29</b></p> <p><b>BREAKFAST:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>LUNCH:</b> Pasta/Pasta/Pasta Pasta/Pasta/Pasta Mg Bread/ Cream Herb <b>SNACK:</b> Pasta/Pasta/Pasta Pasta/Toat</p>	

\*\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\*\*

This institution is a Equal Opportunity Provider

\* 700+ Meals Served  
\* ALL ARE FREE OF CHARGE