

CATHOLIC CHARITIES ADULT DAY SERVICES

**AUGUST 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 BREAKFAST: Egg Toast Steak & Chy Fry Toast LUNCH: Cold Chop or Mixed Veg Taco Turkey Salsa Steak Steak & Chy Toast SNACK: Fruit Salad Fruit Juice	9 BREAKFAST: Egg & Cheese Muffin Fruit & Juice LUNCH: Meatloaf Turkey Cheesing Wg Bread Vegetable Steak SNACK: Fruit & Juice Fruit Juice	4 BREAKFAST: Egg Toasting Toast Steak & Chy Fry LUNCH: Meatloaf Turkey Meatloaf Turkey Steak & Chy Bread SNACK: Fruit & Juice Fruit Juice	5 BREAKFAST: Peanut Butter Peanut Butter Wg Fry Toast LUNCH: Meatloaf Turkey Steak & Chy Fry Cold Meatloaf Muffin SNACK: Fruit & Juice Fruit Juice	6 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Cold Meatloaf Muffin Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice
9 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Chicken Steak Fry Veggie Steak & Chy Fry Wg Fry Toast SNACK: Peanut Butter Fruit Juice	10 BREAKFAST: Meatloaf Wg Bread Fruit & Juice Fry Toast LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	11 BREAKFAST: Egg Toasting Fry Steak & Chy Fry Toast LUNCH: Cold Meatloaf Turkey Steak & Chy Fry Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	12 BREAKFAST: Peanut Butter Steak & Chy Fry Toast LUNCH: Chicken Steak Fry Veggie Steak & Chy Fry Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	13 BREAKFAST: Egg Toasting Fry Steak & Chy Fry LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice
16 BREAKFAST: Egg Toasting Fry Steak & Chy Fry Toast LUNCH: Chicken Steak Fry Veggie Steak & Chy Fry Steak & Chy Fry SNACK: Peanut Butter Fruit Juice	17 BREAKFAST: Egg Toasting Fry Steak & Chy Fry Toast LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	18 BREAKFAST: Egg Toasting Fry Steak & Chy Fry Toast LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	19 BREAKFAST: Peanut Butter Steak & Chy Fry Toast LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	20 BREAKFAST: Egg Toasting Fry Steak & Chy Fry LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice
23 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Meatloaf Turkey Meatloaf Turkey Steak & Chy Fry SNACK: Peanut Butter Fruit Juice	24 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Meatloaf Turkey Meatloaf Turkey Steak & Chy Fry SNACK: Peanut Butter Fruit Juice	26 BREAKFAST: Egg Toasting Fry Steak & Chy Fry LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	26 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Meatloaf Turkey Meatloaf Turkey Steak & Chy Fry SNACK: Peanut Butter Fruit Juice	27 BREAKFAST: Egg Toasting Fry Steak & Chy Fry LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice
30 BREAKFAST: Egg Toasting Fry Steak & Chy Fry LUNCH: Cold Meatloaf Turkey Cold Meatloaf Turkey Steak & Chy Fry SNACK: Fruit & Juice Fruit Juice	31 BREAKFAST: Peanut Butter Wg Fry Toast LUNCH: Meatloaf Turkey Meatloaf Turkey Steak & Chy Fry SNACK: Peanut Butter Fruit Juice			

* MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE *

* ALL MEALS ARE FREE *