

CATHOLIC CHARITIES ADULT DAY SERVICES



**JUNE 2021**



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	<b>BREAKFAST:</b> Cereal/WG-Toast Fruit/Skim Milk <b>LUNCH:</b> Pork Roast/Sauerkraut Potato/Apple Crisp Skim Milk <b>SNACK:</b> Peanutbutter Crackers Fruit Cup	2	<b>BREAKFAST:</b> Pancakes/ Bacon Fruit/Skim Milk <b>LUNCH:</b> Chef Salad w/ Ham Juice/Chocolate Pie Skim Milk <b>SNACK:</b> Glazed Hawaiian Kelbasa Pineapple bites	3	<b>BREAKFAST:</b> Blueberry Muffins Fruit/Skim Milk/ Wg Toast <b>LUNCH:</b> Chicken Stir fry/Veggies Fried Rice/ Honey Mellon Skim Milk <b>SNACK:</b> Cheese Nips Apple Sauce	4	<b>BREAKFAST:</b> Waffles/Sausage Fruit/Skim Milk <b>LUNCH:</b> Baked Herb Fish Potatoes/Asparagus Skim Milk <b>SNACK:</b> Strawberries Cheese Cubes
7	<b>BREAKFAST:</b> Cereal/Wg-Toast Fruit /Skim Milk <b>LUNCH:</b> Chili Dog /Tator Tots Baked Beans/watermelon Skim Milk <b>SNACK:</b> Watermelon Cubed Cheese	8	<b>BREAKFAST:</b> SausageMcmuffin Fruit/Skim Milk <b>LUNCH:</b> Honey Glazed Ham Bread Dressing/Veggies Skim Milk <b>SNACK:</b> Penut Butter Sandwich Mixed Fruit	9	<b>BREAKFAST:</b> French Toast/Bacon Fruit Skim Milk <b>LUNCH:</b> Meatloaf/Potatoes Corn/ Vanilla Ice Cream Skim Milk <b>SNACK:</b> Chessy Hot Dog Roll Up Apple Juice	10	<b>BREAKFAST:</b> Eggs/Bacon Wg- Toast/Fruit <b>LUNCH:</b> Fried Chicken/Potatoes Brussel Sprouts Skim Milk <b>SNACK:</b> Wheat Crackers 2 Tbsp Peanut Butter	11	<b>BREAKFAST:</b> Cereal/Wg-Toast Fruit /Skim Milk <b>LUNCH:</b> Chef Salad w/Turkey Wg-Bread/ Cake Skim Milk <b>SNACK:</b> Banana Parfait String Cheese
14	<b>BREAKFAST:</b> Cereal/Wg Toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Stir Fry Veggies/Rice Skim Milk <b>SNACK:</b> Fruit Salad/CreamCheese Pretzels	15	<b>BREAKFAST:</b> Boiled Egg/Wg Toast Fruit Skim Milk <b>LUNCH:</b> Hot Dogs/Hamburger Macaroni Salad/ Fruit Baked beans/Skim Milk <b>SNACK:</b> Cheese Nips Applesauce	16	<b>BREAKFAST:</b> Sausage Gravy Biscuit Skim Milk/Fruit <b>LUNCH:</b> Chef Salad w/ Ham Juice/Cream Puff Skim Milk <b>SNACK:</b> Cherry Cobbler Wheat Crackers	17	<b>BREAKFAST:</b> Cereal/Wg Toast Fruit/Skim Milk <b>LUNCH:</b> Cheese Ravioli Veggie Blend/Juice Skim Milk <b>SNACK:</b> Grapes Cheese Cubes	18	<b>BREAKFAST:</b> Pancakes/Bacon Fruit/Skim Milk <b>LUNCH:</b> Beer Battered Fish Coleslaw/French Fries Skim Milk <b>SNACK:</b> Strawberries Yogurt
21	<b>BREAKFAST:</b> Dry Cereal/ WG- Toast Fruit/Skim Milk <b>LUNCH:</b> Cheese Ravioli Cauliflower/Juice Skim Milk <b>SNACK:</b> Pineapple Cottage Cheese	22	<b>BREAKFAST:</b> Bagel/ Bacon Fruit/Skim Milk <b>LUNCH:</b> Chicken/ Carrots Mashed Potatoes/Jello Skim Milk <b>SNACK:</b> Peanutbutter Crackers Fruit Cup	23	<b>BREAKFAST:</b> Oatmeal/ Wg Toast Fruit/ Skim Milk <b>LUNCH:</b> Baked Herb Fish/Rice Veggies/Cheesecake Bar Skim Milk <b>SNACK:</b> Tuna Saladw/Crossiant Pretzels	24	<b>BREAKFAST:</b> Dry Cereal/Wg toast Fruit/ Skim Milk <b>LUNCH:</b> Chef Salad w/Chicken Juice/Chocolate Pudding Skim Milk <b>SNACK:</b> Strawberry Berries Parfait String Cheese	25	<b>BREAKFAST:</b> Strawberry Muffins Fruit/Skim Milk <b>LUNCH:</b> Deep Dish Pizza/Salad Juice/Scone Skim Milk <b>SNACK:</b> Mini Pepperoni Pizza Applejuice
28	<b>BREAKFAST:</b> French Toast/Bacon Fruit/Skim Milk <b>LUNCH:</b> Macaroni& Cheese Veggies/Sliced Peaches Skim Milk <b>SNACK:</b> Chicken Salad Apple Juice	29	<b>BREAKFAST:</b> Sausage Gravy Fruit/Skim Milk <b>LUNCH:</b> Pork Roast/Potatoes Sauerkraut/Apple Crisp Skim Milk <b>SNACK:</b> Bananas Cherries Pretzels	30	<b>BREAKFAST:</b> Eggs,Bacon Wg Toast/ Skim Milk <b>LUNCH:</b> Chef Salad w/Ham Juice/Chocolate Pie Skim Milk <b>SNACK:</b> Cheese Nips Fruit Cup		<b>BREAKFAST:</b> Dry Cereal/ Wg Toast Fruit/ Skim Milk <b>LUNCH:</b> Chicken Stir Fry/Veggie Fried Rice/Mellon Skim Milk <b>SNACK:</b> English Muffin Peanut Butter/ Banana		<b>BREAKFAST:</b> Pancakes/Sausage Fruit / Skim Milk <b>LUNCH:</b> Baked Herb Fish Potatoes/Asparagus Skim Milk <b>SNACK:</b> Blueberry Cobbler String Cheese

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\***

**\*WG= WHOLE GRAIN**

**\* ALL MILK IS SKIM**