

CATHOLIC CHARITIES ADULT DAY SERVICES

**JUNE 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Cook, Roast, Refrigerate Protein/Health Drink Green App SNACK: Mandarin/Orange Fruit Juice	2 BREAKFAST: Pancake Bacon Fruit/Green App LUNCHEON: Cook, Roast/Fry Cook/Refrigerate/Fat Green App SNACK: Mandarin/Orange Fruit Juice	3 BREAKFAST: Pancake/Muffin Fruit/Green App/Fat LUNCHEON: Cook/Roast/Fat/Refrigerate Fruit/Green App/Health SNACK: Mandarin/Orange Fruit Juice	4 BREAKFAST: Pancake/Muffin Fruit/Green App LUNCHEON: Cook/Roast/Fat Protein/Health Drink Green App SNACK: Mandarin/Orange Fruit Juice
7 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Cook Fry/Fat/Fruit Roast/Refrigerate/Health Green App SNACK: Mandarin/Orange Fruit Juice	8 BREAKFAST: Pancake/Muffin Fruit/Green App LUNCHEON: Cook/Refrigerate/Fat Cook/Refrigerate/Health Green App SNACK: Mandarin/Orange Fruit Juice	9 BREAKFAST: Pancake/Traffic/Jelly Fruit/Green App LUNCHEON: Mandarins/Health Cook/Refrigerate/Health Green App SNACK: Mandarin/Orange Fruit Juice	10 BREAKFAST: Pancake/Muffin Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health Green App SNACK: Mandarin/Orange Fruit Juice	11 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health Green App SNACK: Mandarin/Orange Fruit Juice
14 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Chicken/Soy Fry Veggie/Fruit Green App SNACK: Fruit/Green App/Health Fruit Juice	15 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Health/Refrigerate Mandarin/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	16 BREAKFAST: Pancake/Soy Fry/Health Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarin/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	17 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Chicken/Fruit Veggie/Mandarin/Health Green App SNACK: Mandarin/Orange Fruit Juice	18 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Bean/Bacon/Fruit Mandarin/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice
21 BREAKFAST: Fry/Cooked Fry Food Fruit/Green App LUNCHEON: Chicken/Fruit Cook/Refrigerate/Health Green App SNACK: Mandarin/Orange Fruit Juice	22 BREAKFAST: Pancake/Bacon Fruit/Green App LUNCHEON: Chicken/Fruit Mandarins/Health/Health Green App SNACK: Mandarin/Orange Fruit Juice	23 BREAKFAST: Pancake Fry Food Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	24 BREAKFAST: Fry/Cooked Fry Food Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	25 BREAKFAST: Pancake/Muffin Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice
28 BREAKFAST: Pancake/Traffic/Bacon Fruit/Green App LUNCHEON: Mandarins/Health Veggie/Soy Fry/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	29 BREAKFAST: Pancake/Bacon Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice	30 BREAKFAST: Pancake/Bacon Fruit/Green App LUNCHEON: Cook/Refrigerate/Health Mandarins/Health/Fruit Green App SNACK: Mandarin/Orange Fruit Juice		WEEKEND BREAKFAST: Pancake/Bacon Fruit/Green App LUNCHEON: Mandarins/Health/Fruit Protein/Health Drink Green App SNACK: Mandarin/Orange Fruit Juice

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

*Wks. WHOLE GRAIN

* ALL MILK IS 2% OR 1%