

CATHOLIC CHARITIES ADULT DAY SERVICES



# MAY 2021



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	<b>BREAKFAST:</b> Dry Cereal/Fruit WG-Toast/Skim Milk <b>LUNCH:</b> Ham /Sweet Potato Broccoli/Peaches Skim Milk <b>SNACK:</b> Peaches Yogurt	4	<b>BREAKFAST:</b> French Toast/Bacon Fruit/Skim Milk <b>LUNCH:</b> Crispy Chicken Salad Veggies/Skim Milk/Pie WG- Bread <b>SNACK:</b> Peanutbutter Crackers Fruit Cup	5	<b>BREAKFAST:</b> Oatmeal/Wg-Toast Fruit/Skim Milk <b>LUNCH:</b>  Beef Stir Fry/Veggies Fried Rice/Skim Milk Vanillia CupCake <b>SNACK:</b> 7-Layer Bean Dip Tortillais	6	<b>BREAKFAST:</b> Pancakes/Sausage Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/Potatoes Brussel Sprouts/Skim Milk Pears <b>SNACK:</b> Little Smokies/Crescent Apple Juice	7	<b>BREAKFAST:</b> Dry Cereal/Fruit WG-Toast/Skim Milk <b>LUNCH:</b> Butter Crumb Tilapia Rice Pilaf/Veggie Blend Juice/Skim Milk <b>SNACK:</b> Cherry Cobbler String Cheese
10	<b>BREAKFAST:</b> Dry Cereal/ Fruit WG-Toast/Skim Milk <b>LUNCH:</b> HawaiiinHam Twiced Baked Potato Veggie Blend/Skim Milk <b>SNACK:</b> Tuna Sandwich Apple Juice	11	 <b>BREAKFAST:</b> Cranberry Orange Muffins Fruit/Skim Milk/Wg-Toast <b>LUNCH:</b> Baked Chicken/Carrots Mashed Potato/Wg Bread SkimMilk <b>SNACK:</b> Cheese Cubes Wheat Crackers	12	<b>BREAKFAST:</b> Sausage English Muffin Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/Mashed Potato Cabbage/Skim Milk Skim Milk <b>SNACK:</b> Hawaiiin Keilbasa Sticks Juice	13	<b>BREAKFAST:</b> Hard Boiled Egg/Fruit wg-Toast/Skim Milk <b>LUNCH:</b> Crispy Baked Chicken SweetPotato/Veggies Wg Bread/Skim Milk <b>SNACK:</b> Hummus WG- Pita Crackers	14	 <b>BREAKFAST:</b> Dry Cereal/WG-Toast Fruit/Skim Milk <b>LUNCH:</b> Potato Encrusted Cod Oven Browned Potatoes Green Beans/ SkimMilk <b>SNACK:</b> Red,White,Blue Trail Mix Apple Juice
17	<b>BREAKFAST:</b> Dry Cereal/Fruit WG-Toast/Skim Milk <b>LUNCH:</b> Macaroni &Cheese Stewed Tomatoes Fruit/Skim Milk <b>SNACK:</b> Pretzels Cheese Cubes	18	 <b>BREAKFAST:</b> Scrambled Eggs/Wg-toast Fruit/Skim Milk <b>LUNCH:</b> Chicken Cordon Bleu Brussel Sprouts WG-Bread/Skim Milk <b>SNACK:</b> Peanutbutter Crackers Juice	19	 <b>BREAKFAST:</b> Easy Bake Breakfast wg-Toast/Fruit/Skim Milk <b>LUNCH:</b> Pork Roast/SauerKraut Apple Crisp WG-Bread/SkimMilk <b>SNACK:</b> Red White Blue fruit salad Wheat Crackers	20	 <b>BREAKFAST:</b> Strawberry Muffins Wg-Toast/Skim Milk/Fruit <b>LUNCH:</b> Chicken Stir Fry Steamed Veggies WG- Bread/Skim Milk <b>SNACK:</b> Fruit Cup Peanutbutter sandwich	21	<b>BREAKFAST:</b> Dry Cereal/Wg Toast Fruit/SkimMilk <b>LUNCH:</b> Deep Dish Cheese Pizza Tossed Salad Scone/SkimMilk <b>SNACK:</b> Mixed Fruit Cup String Cheese
24	<b>BREAKFAST:</b> Dry Cereal/ WG- Toast Fruit/Skim Milk <b>LUNCH:</b> Chef Sald w/Chicken Skim Milk/Juice/WG-Bread Éclair <b>SNACK:</b> Red White Blue Fruit Mini Shortcake/	25	 <b>BREAKFAST:</b> Waffles/Bacon Fruit/Skim Milk <b>LUNCH:</b> Ham Loaf/Carrots Potatoes/Peach Parfait Skim Milk <b>SNACK:</b> English Muffin/Banana w/ Peanutbutter	26	 <b>BREAKFAST:</b> Oatmeal/Fruit Wg- Toast/Skim Milk <b>LUNCH:</b> Grilled Brats Baked Beans/Pasta Salad Skim Milk/Dessert <b>SNACK:</b> Cheese Cubes Wheat Crackers	27	 <b>BREAKFAST:</b> Blueberry Pancakes Sausage/Fruit/Skim Milk <b>LUNCH:</b> Baked Zittiw/Sausage Cauliflower/Grapes Skim Milk <b>SNACK:</b> Cheese Nips Juice	28	 <b>BREAKFAST:</b> Dry Cereal/Wg-Toast Fruit/Skim Milk <b>LUNCH:</b> Beer Battered Fish French Fries/Coleslaw Skim Milk / Lemon Pie <b>SNACK:</b> Strawberry Muffins Applesauce
31	<b>CLOSED ADS</b> 								

\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\*

\*WG= WHOLE GRAIN

\* ALL MILK IS SKIM