



Opening Doors

Building a Better Future Through Parent Leadership

The Opening Doors Program is a **free** ten-week evidence-based parenting, leadership, and advocacy program for parents/custodians/guardians with children **ages 0-5**. Class meets online once a week on Tuesday nights. Registration is required to participate in program.

Parents will learn:

- How to help your children develop healthy habits.
- How to prepare them to be successful in school.
- Resources and services available to help support your family.
- How to interact with other parents in your community.

Winter/Spring Class: January 26, 2021 through March 30, 2021

5:30 pm – 7:30 pm Online Group

Registration is required in advance of class.

Class size is limited.

Location: ONLINE

Must have technology to participate with group online, via Zoom

Participation in each session is mandatory



For more information or to register

Contact Lynn West

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Catholic Charities of Ashtabula County

Providing Help, Creating Hope

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