

CATHOLIC CHARITIES ADULT DAY SERVICES



**DECEMBER 2020**



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1	<b>BREAKFAST:</b> Pancakes/Sausage Fruit/Skim Milk <b>LUNCH:</b> Chicken Cordon Bleu Roasted Potato Brussels Sprouts <b>SNACK:</b> Peanut Butter Crackers Apple Juice	2	<b>BREAKFAST:</b> Oatmeal/Fruit Skim Milk <b>LUNCH:</b> Pork Roast/Sauerkraut Mashed Potato Apple Crisp <b>SNACK:</b> Cottage Cheese Peaches	3	<b>BREAKFAST:</b> Muffin Fruit/ Skim Milk <b>LUNCH:</b> Chicken Stir Fry Fried Rice Orange Sherbert <b>SNACK:</b> Yogurt/String Cheese Skim Milk	4	<b>BREAKFAST:</b> Dry Cereal/Fruit Skim Milk <b>LUNCH:</b> Deep Dish Pizza Tossed Sald Scone <b>SNACK:</b> Cubed Cheese Wheat Crackers
		7	<b>BREAKFAST:</b> Dry Cereal Fruit/ Skim Milk <b>LUNCH:</b> Chef Salad with Grilled Chicken Éclair <b>SNACK:</b> Reindeer Nutter Butter String Cheese	8	<b>BREAKFAST:</b> BreakfastTart Bacon/Eggs <b>LUNCH:</b> Ham Loaf/Potato Sliced Carrots Peach Parfait <b>SNACK:</b> Pumpkin Muffin Mixed Fruit	9	<b>BREAKFAST:</b> Oatmeal/Fruit Skim Milk <b>LUNCH:</b> Spicy Pork Tips Macaroni Salad Fresh Fruit Cup <b>SNACK:</b> Apple Cobbler Wheat Cracker	10	<b>BREAKFAST:</b> Biscuit/SausageGravy Fruit/Skim Milk <b>LUNCH:</b> Baked Ziti/ Italian Sausage Cauliflower/French Bread Grapes <b>SNACK:</b> Meatball Mini Slider Pretzels
14	<b>BREAKFAST:</b> Dry Cereal Fruit/ Skim Milk <b>LUNCH:</b> Ham/ Baked Sweet Potato Broccoli Florets Sliced Peaches <b>SNACK:</b> Lil Smokies/Crescent Roll Apple Juice	15	<b>BREAKFAST:</b> English Muffin/Sausage Fruit/Skim Milk <b>LUNCH:</b> Crispy Chicken Salad Assorted Salad Dressing Chocolate Cream Pie <b>SNACK:</b> Pizzelles Yogurt /String Cheese	16	<b>BREAKFAST:</b> Oatmeal/ Fruit Skim Milk <b>LUNCH:</b> Beef Stir Fry w/ Vegetables Fried Rice/Skim Milk Vanilla Cupcake <b>SNACK:</b> Christmas Veggie Tray Cubed Cheese	17	<b>BREAKFAST:</b> Muffin/Fruit Skim Milk <b>LUNCH:</b> Meatloaf/Garlic Potatoes Brussel Sprouts/ Pears Wheat Dinner Roll <b>SNACK:</b> Muffin/Peanutbutter W/ Banana	18	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Butter Crumb Tilapia Rice Pilaf/Capri Vegetable Lemon Bar <b>SNACK:</b> Grinch Kabobs Pretzels
21	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Hawaiian Ham Twiced Baked Potato Price Edward Blend <b>SNACK:</b> Cubed Cheese Wheat Crackers	22	<b>BREAKFAST:</b> Sausage Casserole Fruit/Skim Milk <b>LUNCH:</b> Baked Chicken/Carrots Mashed Potatoes Chocolate Pudding <b>SNACK:</b> Peanutbutter Sandwich Fruit Cup	23	<b>BREAKFAST:</b> Dry Cereal/ Fruit Skim Milk <b>LUNCH:</b> Meatloaf/Cabbage Mashed Potato/Pears Wheat Dinner Roll <b>SNACK:</b> Mini Chocolate Pies String Cheese	24	<b>ADS CLOSED</b> <b>Christmas Eve</b> 	25	<b>ADS CLOSED</b> <b>Christmas</b> 
28	<b>BREAKFAST:</b> Dry Cereal/ Fruit Skim Milk <b>LUNCH:</b> Macaroni&Cheese StewedTomato/Pudding <b>SNACK:</b> Yogurt Wheat Crackers	29	<b>BREAKFAST:</b> FrenchToast Casserole Fruit/Skim Milk <b>LUNCH:</b> Chicken CordonBleu Brussel Sprouts/Potatoes <b>SNACK:</b> Cottage Cheese w/Pineapples	30	<b>BREAKFAST:</b> Oatmeal/Fruit Skim Milk <b>LUNCH:</b> Pork Roast/Sauerkraut Mashed Potatoes/Crisp <b>SNACK:</b> Peanutbutter Sandwich Apple Juice	31	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Chicken Stir Fry/Fried Rice Vegetables/Sherbert <b>SNACK:</b> Meatball Appitizer Cubbed Cheese	1	<b>ADS CLOSED</b> Happy New Year! 

\*WG= WHOLE GRAIN

**\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\***

\* ALL MILK IS SKIM