

CATHOLIC CHARITIES ADULT DAY SERVICES

**DECEMBER MENU 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST: Dry Cereal Fruit/Gram-Mls LUNCH: Hamster-Herb Baked Potatoes Vegetable Blend SNACK: Apple Pie Cookie Peanuts	2 BREAKFAST: Bananas/Sausage Omelet Fruit/Gram-Mls LUNCH: Lima Tarragon Chicken Baked Potatoes Wheat Roll SNACK: Pumpkin Muffin Yogurt	4 BREAKFAST: Eggs/Bacon, Toast Gram-Mls/Fruit LUNCH: Meatloaf/Cabbage Baked Potatoes Mixed Peas SNACK: Santa Fruit Cup String Cheese	2 BREAKFAST: Pancakes/Straw Pudding/Fruit/Gram-Mls LUNCH: Onley Baked Chicken Baked Potatoes Lager Vegetables SNACK: Pkg. Yeast Peanuts	6 BREAKFAST: Cornmeal/Fruit Gram-Mls LUNCH: Potatoes/Crusted Cod Baked Potatoes Green Peas SNACK: String Cheese Cheese Cubes
6 BREAKFAST: Dry Cereal Fruit/Gram-Mls LUNCH: Santa Steak Meated Potatoes Gr. Bean Casserole SNACK: Christmas Trees Wheat Crackers	10 BREAKFAST: Egg/Sausage/Toast Fruit/Gram-Mls LUNCH: Chicken/Corbin-Bro Meated Potatoes Seasonal Spinach SNACK: Yogurt "Mystery" Bubble Hair	11 BREAKFAST: Fruit/Sausage/Yogurt Fruit/Muffin/Gram-Mls LUNCH: Pot. Roast/Sausage/Meat Meated Potatoes Wheat Roll/Apple Core SNACK: Strawberry Wheat Products	12 BREAKFAST: Eggs/French Toast Fruit/Mls LUNCH: Onley Stee Fry Vegetables Pear Rice SNACK: Christmas Tree Mls Apple Juice	13 BREAKFAST: Dry Cereal Fruit/Gram-Mls LUNCH: Onley Steak Pizza Sausage/Meat Green SNACK: String Cheese Egg-Cheese
16 BREAKFAST: Ham Fruit/Gram-Mls LUNCH: Cold Salad w/ Dressing Grated Chicken Wheat Dinner Roll SNACK: Strawberry Fruit w/ Sauce Cheese Cubes	17 BREAKFAST: Muffin/Yogurt Fruit/Gram-Mls LUNCH: Pork Roast/Sausage Meated Potatoes Potato Potatoes SNACK: Apple Butter Donut Wheat Products	18 BREAKFAST: Christmas Baked Pancakes Fruit/Gram-Mls LUNCH: Roast/Sausage Meated Potatoes Potato Potatoes SNACK: Apple Spice Cakes Wheat Crackers/Cookies	19 BREAKFAST: Toasted Bagels Fruit/Gram-Mls LUNCH: Steak/Onion/Peas S. Sausage Potato/Sausage/Grapes SNACK: Meated Strawberry Cinnamon/Peanut Butter	20 BREAKFAST: Fruit/Cornmeal Gram-Mls LUNCH: Baked Fish/Wheat Roll Lemon & Herb Potatoes Lager Vegetables SNACK: Onley Dinner Roll Strawberry Slices
23 BREAKFAST: Dry Cereal Fruit/Gram-Mls LUNCH: Grated Baked Ham Baked Potatoes Broccoli/Wheat Roll SNACK: Wheat Crackers Fruit "Wheat"	24 ADS CLOSED 	25 ADS CLOSED 	26 BREAKFAST: Cornmeal/Fruit Gram-Mls LUNCH: Onley Chicken Sausage/Grapes Wheat Roll SNACK: Grapes Peanuts	27 BREAKFAST: Cereal Fruit/Gram-Mls LUNCH: Turkey/Rice Roll Lager Vegetables Wheat Dinner Roll SNACK: Pineapple Chunks Cottage Cheese
30 BREAKFAST: Dry Cereal Banana/Gram-Mls LUNCH: Hamster-Herb Baked Potatoes Vegetable Blend SNACK: Strawberries Yogurt	31 BREAKFAST: Waffles/Sausage Fruit/Gram-Mls LUNCH: Lima Tarragon Chicken Rice/Potatoes Wheat Roll SNACK: Grapes Wheat Crackers	1 ADS CLOSED NEW YEAR'S DAY 		**1/2 W/ W/ WHOLE GRAM * ALL MILK IS 2% MF

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"MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE"