



CATHOLIC CHARITIES ADULT DAY SERVICES

**MAY 2019 MENU**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST: French Toast/Fruit Sausage/Skim Milk LUNCH: Sagehen/Meat Sauce Macaroni Vegetables Garlic Bread SNACK: Lunchmeat Sandwich Skim Milk	2 BREAKFAST: Ory Cereal Fruit/Skim Milk LUNCH: Salsa Steak Mashed Potatoes Savory Spinach SNACK: String Cheese Wheat Crackers MURPHY'S LUCKY	3 BREAKFAST: Ory Cereal, Toast Fruit/Skim Milk LUNCH: Salsa Fish Soft-Pot Wedges Vegetable Medley SNACK: Caramel Layer Dip Caramel Chips
4 BREAKFAST: Ory Cereal Fruit/Skim Milk LUNCH: BBQ Chicken Baked Potatoes Wheat Rolls SNACK: Peanut Butter Crackers/Skim Milk	5 BREAKFAST: Sausage Puffy Pancake Milk, Fruit LUNCH: Baked Turkey Bread Dressing Savory Spinach SNACK: Corn Dogs Apple Juice	6 BREAKFAST: Fruit Smoothie/Toast Fruit/Skim Milk LUNCH: Sagehen Steak Mashed Potatoes Lima Beans/Capers SNACK: Hummus Wheat Crackers	7 BREAKFAST: Ory Cereal Fruit/Skim Milk LUNCH: Pork Steaks Baked Beans/Potatoes Fruit Tofu SNACK: Milkshake Crisp Apple	8 BREAKFAST: Pancakes/Pancakes Yogurt/Fruit/Skim Milk LUNCH: Battered Fish Coleslaw/Potatoes Wheat Rolls SNACK: Peanut Butter Skim Milk	
13 BREAKFAST: Ory Cereal Fruit/Skim Milk LUNCH: Sagehen/Baked Beans/Vegetable Squash Pineapple & Cherries SNACK: String Cheese Wheat Crackers	14 BREAKFAST: Sagehen/Milkshakes Sausage Gravy/Fruit LUNCH: Baked Sausage Beans Mashed Potatoes Wheat Rolls/Skim Milk SNACK: Baked Wheat Sausage/Skim Milk	15 BREAKFAST: Milkshake/Cereal Fruit/Skim Milk LUNCH: Turkey/Sagehen Bread Dressing Wheat Rolls/Skim Milk SNACK: Caramel French Dip Crisp Apple	16 BREAKFAST: Fruit Smoothie Fruit/Skim Milk LUNCH: Pork Steaks/Wheat Roll Coleslaw/Potatoes Red & Green Cabbage SNACK: Peanut Butter Wheat Crackers	17 BREAKFAST: Cereal/Fruit Skim Milk LUNCH: Pork Steaks Wheat Rolls/Vegetables Wheat Dinner Roll SNACK: Applesauce Wheat Crackers	
20 BREAKFAST: Ory Cereal Fruit/Skim Milk LUNCH: Pork Steaks/Baked Mashed Potatoes Apple Crisp SNACK: Peanut Butter Savory Skim Milk	21 BREAKFAST: Fruit/Milkshake Yogurt/Skim Milk LUNCH: Pork Chops/Corn Dumplings/Potatoes Wheat Roll SNACK: Soup Wheat Crackers	22 BREAKFAST: Eggs/Bacon/Toast Fruit/Skim Milk LUNCH: Grilled Pork Chops Baked Beans Potato Salad SNACK: Chicken Fingers Crisp Apple	23 BREAKFAST: Waffles/Fruit Sausage/Skim Milk LUNCH: Grilled Pork Chops Coleslaw/Vegetables Peanut Milk SNACK: Toast Milk Skim Milk	24 BREAKFAST: Pancakes/Toast Fruit/Skim Milk LUNCH: Grilled Pork Chops Wheat Rolls/Skim Milk Fruit Cup SNACK: Peanut Butter Skim Milk	
27 ADS CLOSED 	28 BREAKFAST: Cereal/Fruit Toast/Skim Milk LUNCH: Turkey Pot Roast Candied Dressing Vegetable Blend SNACK: Celery Stix Peanut Butter	29 BREAKFAST: Fruit Smoothie/Toast Yogurt/Skim Milk LUNCH: Sagehen/Meat Sauce Macaroni Vegetables Garlic Bread SNACK: Cobbler Skim Milk	30 BREAKFAST: Sagehen/Yogurt Fruit/Skim Milk LUNCH: Salsa Steak Mashed Potatoes Savory Spinach SNACK: Wheat Potatoes Cheese Cubes	31 BREAKFAST: Cereal/Toast Fruit/Skim Milk LUNCH: Salsa Fish Soft-Pot Wedges Vegetable Medley SNACK: Apple Butter Toast Skim Milk	

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THE LUNCH MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

