













JUNE 2019 MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	BREAKFAST: Dry Cereal Fruit/Skm Milk LUNCH: Mesquite Turkey Baked Swt Potato Sicilian Vegetables SNACK: Lunchmeat Sandwich Swiss Cheese	4	BREAKFAST: Waffles/Fruit Skm Milk LUNCH: Bacon Salisbury Steak Baked Potato Corn on the Cob SNACK: Cheese Cubes Red Grapes	5	BREAKFAST: Toast/Fruit Oatmeal/Skim Milk LUNCH: Fried Crispy Chicken Mixed Salad/Berry Crisp Garlic Bread SNACK: Crescent Pinwheels Skim Milk	6	 BREAKFAST: Fruit Smoothie/Toast Skim Milk LUNCH: Chicken Stir Fry Fried Rice Cherry Pie SNACK: Banana Bread Skim Milk	7	BREAKFAST: Dry Cereal/Fruit Skim Milk LUNCH: Baked Fish Parslied Rice Broccoli SNACK: PB Crackers Skim Milk
10	BREAKFAST: Dry Cereal Fruit/Skim Milk LUNCH: Baked Ham Mac-N-Cheese Broccoli Spears SNACK: Wheat Pretzels Grape Juice	11	 BREAKFAST: Hashbrown casserole Milk, Fruit LUNCH: Baked Turkey Bread Dressing Brussels Sprouts SNACK: Nutella Sandwich Banana	12	BREAKFAST: Muffins/Yogurt Fruit/Skim Milk LUNCH: Pot Roast Browned Potatoes Roasted Carrots SNACK: Tuna Salad Wheat Crackers	13	 BREAKFAST: Pancakes/Fruit Skim Milk LUNCH: Herbed Turkey Corn Casserole Sliced Beets SNACK: Cheese Stix Pretzels	14	 BREAKFAST: Dry Cereal Fruit/Sk Milk LUNCH: 4 Cheese Lasagna Fruit/Garlic Toast Wheat Rolls SNACK: Rose's Fruit and cheese Flag
17	 BREAKFAST: Dry Cereal Fruit/Skim Milk LUNCH: Ranchers Chicken Bread Dressing Glazed Carrots SNACK: Wheat Belvita Skim Milk	18	BREAKFAST: Fruit/ Smoothie Toast/Skim Milk LUNCH: Antipasto Salad Mixed Greens/Cheese Wheat Roll/Skm Milk SNACK: PB Crackers Skim Milk	19	BREAKFAST: Egg Bake/Toast Fruit/Skim Milk LUNCH: Chicken Kiev Mixed Vegetables Fruit Cup, Skm Milk SNACK: Pasta Salad Wheat Crackers	20	BREAKFAST: Biscuits/Fruit Sausage/Skm Milk LUNCH: BBQ Ham Steak Corn Casserole Capri vegetables SNACK: Apple Butter Wheat Toast	21	 BREAKFAST: Cereal/Fruit Skim Milk LUNCH: Fish Fillet Wild Rice/Vegetables Calico Coleslaw SNACK: Grape Juice Cheese Stick
24	BREAKFAST: Dry Cereal Fruit/Skim Milk LUNCH: Grilled Chicken Company Potatoes Asparagus/Red Peppers SNACK: Peanut Butter Sancwich/ Skm Milk	25	 BREAKFAST: Fruit/Bagels Yogurt/ Skm Milk. LUNCH: Hot Dog/Bun Pasta Salad Deviled Eggs SNACK: Mixed Berry Cobbler Skim Milk	26	COOKOUT BREAKFAST: Eggs/Bacon/Toast Fruit/Skm.Milk. LUNCH: Grilled Burgers, Pasta salad, Baked Beans Fruit Cup, Skm Milk SNACK: Muffins Skim Milk	27	 BREAKFAST: Blueberry French Toast/Skiim Milk LUNCH: Baked Cicken Breast Mixed Veggies Fruit Cup SNACK: Cottage Cheese Wheat Crackers	28	BREAKFAST: Dry Cereal Fruit/Skim Milk LUNCH: Pepp.Pizza/ Salad Wheat Roll/Skm Milk Grapes SNACK: Wheat Crackers Yogurt
									

CATHOLIC CHARITIES ADULT DAY SERVICES

THE LUNCH MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE