



CATHOLIC CHARITIES ADULT DAY SERVICES

APRIL 2019 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BREAKFAST: Dry Corned Beef MB Baked Biscuits MB LUNCH: Country Ham/Beef Set Potatoes Lima Beans SNACK: Peanut Butter Wheat Crackers	2 BREAKFAST: Fruit Smoothie/Fruit Toast/Gluten MB LUNCH: Turkey Pot Roast Corned Beef Vegetable Brand SNACK: Cheese Whole Milk Chocolate	3 BREAKFAST: Pancakes/Fruit Glm MB LUNCH: Spaghetti/Meat Sauce Homemade Vegetables Garlic Bread SNACK: Whole Toast Skim MB	4 BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: Green Beans Mashed Potatoes Swiss Cheese SNACK: Cheese Peanut Baked Apple Juice	5 BREAKFAST: Corned Beef Fruit/Gluten MB LUNCH: Baked Fish Set Potatoes Vegetable Mince SNACK: Applesauce Wheat Crackers
6 BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: BBQ Chicken Baked Pot./Corn Wheat Rolls SNACK: Yogurt Orange Juice	7 BREAKFAST: Miso Egg Muffins Toast/Gluten MB LUNCH: Baked Turkey Sweet Dressing Spaghetti/Sauce SNACK: Lunch Meat Sandwich/Gluten MB	8 BREAKFAST: Miso Smoothie/Fruit Smoothie/Gluten MB LUNCH: Salisbury Steak Mashed Potatoes Long Beans/Onions SNACK: Veg. Beef Soup Wheat Crackers	9 BREAKFAST: Muffin, Yogurt Fruit/Gluten MB LUNCH: Pork Roast Mashed Pot./Sauerkraut Apple Cinnamon SNACK: Peanut Apple Juice	10 BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: Baked Fish Garden New Corners Wheat Rolls SNACK: Banana/Nutella Sandwich/Gluten MB
15 BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: Maple Ham/Baked Beans/Yukon Squash Peas/Cheese & Corn SNACK: Slicing Cheese Oranges	16 BREAKFAST: French Toast/Fruit Cinnamon/Rolls MB LUNCH: Roast Beef/Oz. Beans Mashed Pot./Green Beans/Sauces MB SNACK: Peanut Butter Sandwich/Gluten MB	17 BREAKFAST: Fruit Smoothie/Toast Fruit/Gluten MB LUNCH: Turkey/Sauerkraut Sweet Dressing Wheat Rolls/Skim MB SNACK: Cottage Cheese Peach/Cup Nuts/Bagels	18 BREAKFAST: Eggs/Peanut Butter Fruit/Gluten MB LUNCH: Pork Roast/Wheat Pot Sauerkraut Potatoes Red & Green cabbage SNACK: Egg Salad Wheat Toast	19 GOOD FRIDAY ADS CLOSED
20 EMBRYDAY BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: Pork Roast/Sauerkraut Mashed Potatoes Apple Cinnamon SNACK: Earth Day "DM" Cup Yogurt	21 BREAKFAST: Fruit Smoothie/Yogurt Toast/Gluten MB LUNCH: Fast Chicken/Corn Embury Potatoes Sweet Pot SNACK: Peanut Butter Sandwich/Gluten MB	24 BREAKFAST: Fruit Smoothie/Toast Fruit/Gluten MB LUNCH: Grilled Ham Set Potatoes/Sauerkraut Lima Beans/Pot SNACK: Cottage Cheese Wheat Crackers	25 BREAKFAST: Muffin/Fruit Smoothie/Gluten MB LUNCH: Ok. Turkey/Meat Cheesecake Vegetables Peas/Oz. MB SNACK: Muffin Skim MB	26 BREAKFAST: Dry Corned Beef/Gluten MB LUNCH: Pork Roast/Sauerkraut Wheat Rolls SNACK: Cheese Cakes Oranges
28 BREAKFAST: Corned Beef Fruit/Gluten MB LUNCH: Country Ham/Beef Set Potatoes Lima Beans SNACK: Soft Drink/Baked Glm MB	29 BREAKFAST: Yogurt/Yogurt Fruit/Gluten MB LUNCH: Turkey Pot Roast Corned Beef Vegetable Brand SNACK: Apple Butter Toast Glm MB			

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THE LUNCH MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE