



CATHOLIC CHARITIES ADULT DAY SERVICES

**MARCH 2019 MENU****MARCH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: Pasta/Pasta Salad Wheat Roll/Skim Milk Fruit/Cup SNACK: String Cheese Wheat Crackers
4	5	6	7	8
BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: Ham/Steak Potatoes Lima Beans Wheat Roll/Skim Milk SNACK: Pretzels Skim Milk	BREAKFAST: Pancakes Fruit/Skim Milk LUNCH: Turkey/Veggie Corn Bread Dressing Wheat Roll SNACK: Fruit & Jelly Cup Wheat Crackers	BREAKFAST: Fruit Smoothie Milk/Yogurt/Tosted LUNCH: Meat Sausage/Squash Needlepoint Salad Oatmeal/Skim Milk SNACK: "Class Day" Snack Skim Milk	BREAKFAST: Eggs/Bacon/Tosted Fruit/Skim Milk LUNCH: Sausage Sausage Wheat Roll/Pasta Baked Spinach SNACK: Bread of Soup Wheat Crackers	BREAKFAST: Cinnamon Fruit/Skim Milk LUNCH: Sausage Fish/Steak Pot Meat Veggie SNACK: Sauce P Butter Crackers Skim Milk
11	12	13	14	15
BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: BBQ Chicken/Corn Baked Pot./Pot Fruit/Jelly SNACK: String Cheese Cakes	BREAKFAST: Apple/Peanut Butter Milk LUNCH: Turkey/Meatloaf Pot. Bread Dressing Baked Spinach SNACK: Sausage Cheese/Onion Fajitas	BREAKFAST: Sausage/Pasta/Soup Fruit/Skim Milk LUNCH: Sausage/steak Lima Beans/Onions Meatloaf Potatoes SNACK: Oat with Wheat Crackers	BREAKFAST: Sausage/Pasta Skim Milk/Yogurt LUNCH: Pork/Pasta/Sausage Wheat Potatoes Wheat Roll SNACK: Applesauce/Cheese Cinnamon/Sk. Milk	BREAKFAST: Ory Pot./Pancake Fruit/Skim Milk LUNCH: Braised Pot./Pot Pasta/Cornbread Wheat Roll SNACK: Sk. Fatty Tofu Milk Skim Milk
18	19	20	21	22
BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: Meat Ham/Sausage Beans/Tofu/Sausage Onionpotatoes & Cheese SNACK: Spin Nachos Skim Milk	BREAKFAST: Pancake/Tosted/Pot Cinnamon/Skim Milk LUNCH: Pasta/Skim Milk Meatloaf Pot./Steak Wheat Roll/Skim Milk SNACK: Bread of Soup Wheat Crackers	BREAKFAST: Fruit/Peanut Butter Milk LUNCH: Turkey/Sausage Bread Dressing Wheat Roll/Skim Milk SNACK: Nuts/Banana Sausage/Skim Milk	BREAKFAST: Fruit Smoothie/Tofu Fruit/Skim Milk LUNCH: Pork/Pasta/Wheat Pot Sausage Potatoes Steak & Green cabbage SNACK: Collage Cheese Wheat Crackers	BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: Pot./Pasta/Pot Vegetable/Sausage Wheat Roll/Skim Milk SNACK: Cheese/Cakes Pretzels
25	26	27	28	
BREAKFAST: Ory Corned Fruit/Skim Milk LUNCH: Pasta/Pasta/Sausage Wheat Potatoes Apple/Cup SNACK: P. Butter Cinnamon Skim Milk	BREAKFAST: Egg/Bacon/Tosted Fruit/Skim Milk LUNCH: Fruit/Corn/Corn Onionpotatoes Sausage Roll SNACK: Cass Turtles Skim Milk	BREAKFAST: Ory Corned/Fruit Skim Milk LUNCH: Cinnamon Ham Sausage Potatoes Lima Beans/Pot SNACK: Cinnamon Roll Pretzels/Skim Milk	BREAKFAST: Sausage/Sausage Fruit/Pot/Skim Milk LUNCH: Steak/Yogurt/Cheese Onionpotatoes Pasta/Skim Milk SNACK: Yogurt Single Juice	

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THE LUNCH MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE**

