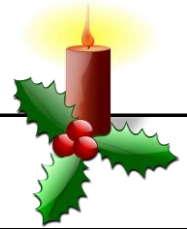









CATHOLIC CHARITIES ADULT DAY SERVICES



# DECEMBER 2018 MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Pork Roast/Wheat Roll Mashed Potatoes Braised Cabbage <b>SNACK:</b> Cheese Stix Wheat Crackers	4	<b>BREAKFAST:</b> Muffins/Yogurt Fruit & Skim Milk <b>LUNCH:</b> Fried Chicken/Corn Potatoes/Apple Juice Wheat Roll <b>SNACK:</b> Nutella/Banana Croissant/Skm Milk	5	 <b>BREAKFAST:</b> Fruit Smoothie Toast/Skm Milk <b>LUNCH:</b> Glazed Ham Swt Potatoes Lima Beans/Roll <b>SNACK:</b> Banana/Strawberry Candy Cane Santa	6	 <b>BREAKFAST:</b> Waffles/Fruit Sausage/Skm Milk <b>LUNCH:</b> Pork Roast/Wheat Roll Gr. Bn. Casserole Mixed Fruit/Skm Milk <b>SNACK:</b> Santa Hat Cookies Hot Chocolate	7	 <b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Fish Filet/Wile Rice Vegetable Blend Wheat Roll <b>SNACK:</b> Christmas/Lunch Meat Sandwich
10	<b>BREAKFAST:</b> Oatmeal/Fruit Toast/Sk. Milk <b>LUNCH:</b> Ham/Swt Potatoes Lima Beans Mac-n-cheese <b>SNACK:</b> Soup Wheat Crackers	11	 <b>BREAKFAST:</b> French Toast/Fruit Eggs/Skm Milk <b>LUNCH:</b> Turkey/Veggies Corn Bread Dressing Wheat Roll <b>SNACK:</b> PeanutButter Reindeer Sandwich	12	 <b>BREAKFAST:</b> Biscuit/ Saus. Gravy Fruit/Skm Milk <b>LUNCH:</b> Braised Meat Wax Beans/Noodles Dinner Roll <b>SNACK:</b> Apple Pie Bite Skim Milk	13	 <b>BREAKFAST:</b> Fruit Smoothie Toast/Fruit/Skim Milk <b>LUNCH:</b> Swiss steak Mashed Pot./Pears Brussel Sprouts <b>SNACK:</b> Snowflake/Ch.Crackers Skm Milk	14	 <b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> Baked Fish/Swt Pot. Mixed Veggies Scone <b>SNACK:</b> Melted snowman Applesauce cookie/Cocoa
17	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> BBQ Chicken/Corn Baked Pot./Roll Fruit Jello <b>SNACK:</b> Celery Christmas Tree/Skm Milk	18	 <b>BREAKFAST:</b> Breakfast Burrito Toast/Fruit/Milk <b>LUNCH:</b> Turkey/Mashed Pot. Corn/Cranberries Green Beans <b>SNACK:</b> Hot Apple Pie Dip Skmm Milk.	19	 <b>BREAKFAST:</b> Eggs/Bacon/Toast Fruit/Skim Milk <b>LUNCH:</b> Salisbury steak Lima Beans/Peaches Oven Brown Potatoes <b>SNACK:</b> Cinnamon Bars Cheese Cubes	20	 <b>Winter Wonderland!</b> <b>BREAKFAST:</b> Christmas Pancakes Fruit/Skim Milk <b>LUNCH:</b> Herbed Turkey Corn casserole Beats/Watermelon <b>SNACK:</b> Christmas Trail Mix Skim Milk	21	 <b>Winter Begins!</b> <b>BREAKFAST:</b> Cream of Wheat Fruit/Skim Milk <b>LUNCH:</b> 4-Cheese Lasagna Vegetable Blend Garlic Toast/Fruit <b>SNACK:</b> Gingerbread Skim Milk
24	<b>ADS CLOSED</b>	25	<b>ADS CLOSED</b>	26	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> It. Sausage with peppers & onion Deviled Eggs/Salad <b>SNACK:</b> P. Butter Crackers Skm Milk	27	<b>BREAKFAST:</b> Oatmeal/Toast Fruit/Skm Milk. <b>LUNCH:</b> Pork Roast/Wheat Roll Gr. Bn. Casserole Mixed Fruit/Skm Milk <b>SNACK:</b> Fruit Cup Skim Milk	28	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Milk <b>LUNCH:</b> 3- Cheese Lasagna Italian Salad Garlic Toast <b>SNACK:</b> P.Butter & Jelly Sandwich/Skm Milk
31	<b>BREAKFAST:</b> Dry Cereal Fruit/Sk Milk <b>LUNCH:</b> Pork Roast/Wheat Roll Mashed Potatoes Braised Cabbage <b>SNACK:</b> Salami/Cr.Cheese Pinwheels/Cran.Juice	1	<b>JANUARY</b>  <b>ADS CLOSED</b>						

# Merry Christmas

CATHOLIC CHARITIES ADULT DAY SERVICES  
\*\*THE LUNCH MENUS ARE SUBJECT TO CHANGE\*\*

