

CATHOLIC CHARITIES ADULT DAY SERVICES



AUGUST 2018 MENU



SUNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
				
6 BREAKFAST: Dry cereal Fruit Cereal, Milk LUNCH: Coral Chicken Pasta with Marinara Coke SNACK: Peas and Butter Crackers, Steam Milk	3 BREAKFAST: French Toast, Fruit Stein Milk LUNCH: Hot Dog on a Bun O. Pops Salad Deviled Eggs SNACK: Pretzel Stick Stein Milk	8 BREAKFAST: Bagels & Fruit Stein Milk LUNCH: Sausage Steak Mashed Potatoes Garden Baby carrots SNACK: Mixed Fruit Cup Stein Milk	9 BREAKFAST: Fruit Smoothie W/F Toast, Stein Milk LUNCH: Sausage Burger Onion Rings Fresh Fruit Cup SNACK: Yogurt Crackers	10 BREAKFAST: Oatmeal w/Fruit W/F Bread & Stein Milk LUNCH: Pappardelle Pasta Tomato Salad Antipasto SNACK: Applesauce Crackers
13 BREAKFAST: Dry cereal w/Fruit Stein Milk LUNCH: Meatloaf Turkey Baked Pot. Pot. Vegetable Salad W/F PB & Jelly Wheat Bread/Stein Milk	14 BREAKFAST: Fruit Smoothie W/F Toast, Stein Milk LUNCH: Sausage Wagon Steak Baked Pot. Corn Wheat Pot. SNACK: String Cheese Wheat Crackers	15 BREAKFAST: Steak & Gravy Fruit & Stein Milk LUNCH: Crispy Fried Chicken Salad and Dressing Bony Crop SNACK: Cherry Collar Stein Milk	16 BREAKFAST: Steak & Fruit with W/F Toast, Stein Milk LUNCH: Chicken Sto Fry Vegetables/Pasta/Rice Wheat Rolls SNACK: Crackers Crackers	17 BREAKFAST: Dry cereal with Fruit/Stein Milk LUNCH: Sausage Pesto Pasta Broccoli Pasta Peanut Rice SNACK: Cottage Cheese Crackers
20 BREAKFAST: Cottage Fruit/Milk LUNCH: Baked Ham/Biscuits Mac-N-Cheese Canned/Peanut SNACK: Stein Milk Nuts/Corn Bar	21 BREAKFAST: Fruit/Milk LUNCH: Chicken/Kale Rice/Pot Mashed cauliflower Pineapple Stein Milk 	22 BREAKFAST: Fruit Smoothie Fruit Cereal, Stein Milk LUNCH: Pot Roast/Beefed Baby Carrots Green Beans/Potatoes SNACK: PB Crackers Stein Milk	23 BREAKFAST: Egg Biscuits Fruit Cereal, Stein Milk LUNCH: Herbed Turkey Corn Casserole Steak/Watermelon SNACK: Orange Slices Peanuts	24 BREAKFAST: Dry Cereal/Fruit Stein Milk LUNCH: 4 Cheese Lasagna Vegetable Salad Doritos/Taco/Fruit SNACK: Yogurt Fruit Cup
27 BREAKFAST: Dry Cereal Fruit/Stein Milk LUNCH: Sausage Chicken Meatloaf/Garden Sausage/Fruit SNACK: Lunchmeat, Bread Stein Milk	28 BREAKFAST: W/F Toast, Sausage Stein Milk LUNCH: Applesauce Salad Assorted Gravy Wheat Dinner Roll SNACK: String Cheese Crackers	29 BREAKFAST: Muffin with Fruit Stein Milk LUNCH: S. Sausage with peppers & onion Deviled Eggs/Salad SNACK: Watermelon Stein Milk 	30 BREAKFAST: Fruit Smoothie W/F Toast, Stein Milk LUNCH: Steak from steak Coke/Casserole Vegetable Salad SNACK: Egg Salad Crackers, Stein Milk	31 BREAKFAST: Cream of Wheat Fruit/Stein Milk LUNCH: Lemon Pepper Pot Coke/Casserole Onion/Pot/Stein Milk SNACK: Wheat Crackers Stein Milk



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MENUS ARE SUBJECT TO CHANGE

