

CATHOLIC CHARITIES ADULT DAY SERVICES



# JUNE 2018 MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	<b>BREAKFAST:</b> Dry Cereal, Fruit Skim Milk <b>LUNCH:</b> Tilapia Fish/Mix Veg. Swt P.Cubes/Salad Skim Mlk /Wht Bread <b>SNACK:</b> P.Butter Crackers Skim Milk
4	<b>BREAKFAST:</b> Dry Cereal Fruit Cup/Sk. Milk <b>LUNCH:</b> Ck Marsala/Pasta It.Mix Veg./Straw. Bananas/Skm Mlk <b>SNACK:</b> String Cheese Wheat Crackers	5	<b>BREAKFAST:</b> Wht. Toast/Sk Milk Fruit Smoothie <b>LUNCH</b> Veal Parm/Salad Spaghetti/Garlic Toast Sherbet <b>SNACK:</b> Muffin Skim Milk	6	<b>BREAKFAST:</b> Bagles with Fruit Skim Milk <b>LUNCH</b> Pork Roast/Kraut Mash.Pot/gravy Wht.Bread/Apples <b>SNACK:</b> Beef Ravioli Wheat Crackers	7	<b>BREAKFAST:</b> Biscuit/Egg/sausage Fruit/Skim Milk <b>LUNCH:</b> Sw. Meatballs/Broccoli Mash Pot./Wht. Bread Cheesecake <b>SNACK:</b> Nachos & cheese Skim Milk	8	<b>BREAKFAST:</b> Oatmeal w/Fruit Toast/Skim Milk <b>LUNCH:</b> Baked Fish/Salad Spinach/Dinner Roll Chocolate Pie <b>SNACK</b> Fruit Cup Milk
11	<b>BREAKFAST:</b> Dry cereal w/Fruit Skim Milk <b>LUNCH:</b> Stuffed Cabbage Potatoes/wax beans Peach Pie <b>SNACK:</b> Wheat Crackers Cheese Slices	12	<b>BREAKFAST:</b> Pancakes Fruit Cup/Sk. Milk <b>LUNCH:</b> Chicken Cord. Bleu Rice Pilaf/Carrots Lime Sherbet <b>SNACK:</b> Pretzels Mandarin Oranges	13	<b>BREAKFAST:</b> Fruit Smoothie Toast/Sk Milk <b>LUNCH:</b> Beef Stew/Biscuit Tossed Salad Carrot Cake <b>SNACK:</b> Nutri-Grain Bar Skim Milk	14	<b>BREAKFAST:</b> Sausage & Toast Fruit &Skim Milk <b>LUNCH:</b> Pork Chop/Rice & Broccoli Casserole Heavenly Hash <b>SNACK:</b> Cheese Cubes Grapes	15	<b>BREAKFAST:</b> Dry Cereal/Skm Mlk Toast/Fruit <b>LUNCH:</b> Cranberry Juice Pizza/Caesar Salad Mix Fruit Salad <b>SNACK:</b> PB Sandwich Skm Milk
18	<b>BREAKFAST:</b> Cream of Wheat Toast/Fruit/Sk Mlk <b>LUNCH:</b> BBQ Ribs/Croissant Parslied Pot./Corn Apple Cake <b>SNACK:</b> Skim Milk Fruit Cup	19	<b>BREAKFAST:</b> Eggs & Bacon Fruit/Toast/Sk. Milk <b>LUNCH:</b> Spaghetti/Meatballs Mix. Veggies/Sk Mlk Mixed Fruit <b>SNACK:</b> Cottage Cheese Wheat Crackers	20	<b>BREAKFAST:</b> Waffles (2) Sk. Milk/Fruit <b>LUNCH:</b> Roast Beef/Mash Pot Green Beans Pumpkin Square <b>SNACK:</b> Muffins Skm Mlk	21	<b>BREAKFAST:</b> Fruit Smoothie Toast/Sk Milk <b>LUNCH:</b> Turkey Divan Red Potatoes/Wheat Bread/Lemon Pie <b>SNACK:</b> String Cheese Wheat Crackers	22	<b>BREAKFAST:</b> Dry Cereal/Fruit Skim Milk <b>LUNCH:</b> Cheese Manicotti Cauliflower/Garlic Toast/Peach Crisp <b>SNACK:</b> P. Butter Crackers Skm Mlk
25	<b>BREAKFAST:</b> Dry Cereal Fruit/Skim Mlk <b>LUNCH:</b> Breaded Fish/Rice Mix Veggies/Coleslaw St Joseph Cake <b>SNACK:</b> Lunch Meat Sliders Skim Milk	26	<b>BREAKFAST:</b> Fruit Smoothie Toast/Sk Milk <b>LUNCH:</b> Cheese Souffle/Baby Carrots/Croissant Cherry Pie <b>SNACK:</b> Hummus Wheat Crackers	27	<b>BREAKFAST:</b> French Toast Fruit/Skim Milk <b>LUNCH:</b> Meatloaf/Tater Tots Corn/Diced Peaches Cornbread/Tapioca <b>SNACK:</b> Yougart Wheat Crackers	28	<b>BREAKFAST:</b> Bagels Fruit/Skim Mlk <b>LUNCH:</b> Swiss Chicken/Red Potatoes/Spinach Boston Cream Pie <b>SNACK:</b> Cantaloupe Wheat Crackers	29	<b>BREAKFAST:</b> Bacon,Eggs, Toast Fruit/Skim Mlk <b>LUNCH:</b> Tilapia Fish/Mix Veg. Swt P.Cubes/Salad Skim Mlk /Wht Bread <b>SNACK:</b> Pretzels Cheese Cubes

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 \*\*MENUS ARE SUBJECT TO CHANGE\*\*

